

Protect your Ears

Why should you protect your ears?

- Hearing loss happens every day from many different noises
- Hearing loss is permanent and can't be cured
- Hearing loss from noise can be prevented



What can harm your ears?

- Firecrackers
- Gunshots
- Tractors and Combines
- Lawn mowers
- Livestock
- Augers and Grain vacuums

Noise Type	Sound Level	Max Time
ATV, push mower	90 dB	2.5 hours
Tractor or combine (with cab)	92 dB	95 min
Pigs squealing	100 dB	15 min
Tractor or combine (no cab)	105 dB	4 min
Firecrackers and Gunshots	140+ dB	0 sec



To Prevent Hearing Loss

1. Avoid loud noises
2. Use hearing protection when around loud noises
3. Limit how long you are exposed to loud noises

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