

Protect your Ears

- ❑ Hearing loss happens every day from many different noises
- ❑ Hearing loss is **permanent** and **can't be cured**
- ❑ Hearing loss from noise can be **prevented**



What can harm your ears?

- **Firecrackers**
- **Gunshots**
- **Tractors and Combines**
- **Lawn mowers**
- **Farm animals**
- **Grain equipment**
- **ATV's**

Noise Type	Sound Level	Max Time
ATV, push mower	90 dB	2.5 hours
Tractor or combine (with cab)	92 dB	95 min
Pigs squealing	100 dB	15 min
Tractor or combine (no cab)	105 dB	4 min
Firecrackers and Gunshots	140+ dB	0 sec

To Prevent Hearing Loss

- 1. Turn it down** – turn down the volume if you can
- 2. Walk away** – move away from loud noises
- 3. Protect your ears** – wear earplugs or earmuffs.