

FIRST AID FOR POISON EXPOSURES



Emergency Phone Numbers

Make a list of emergency numbers to keep in your first aid kits so they are readily available if needed.

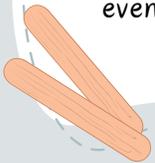
Include numbers of the local emergency response provider (e.g. 911), the local emergency medical facility, & the Poison Control Center.

Poison Control Center #: 1-800-222-1222



Tongue Depressors

Use to stir or use in the event of a seizure.



Clean Water

Have at least two one-quart containers for rinsing the skin & drinking if poison is ingested.



Plastic Bandages & Tape

To cover contaminated areas.



Disposable Rubber Gloves

Remove contaminated clothing wearing rubber gloves.



Goggles

Wear when helping someone exposed and/or when handling contaminated materials.



Eye Wash Bottle

Flush the eyes for 20 minutes with tepid, lukewarm water if an eye exposure occurs.



Soap

Wash contaminated areas of the skin for 15–20 minutes.



Disposable Towels

Gently dry recently washed skin.



Change of Clothes

If clothes are contaminated with a poison, change into clean clothes immediately.



Blanket

For treating shock.



Condensed Milk

Drink a small amount if a poison is ingested; include a can opener in the kit.



Syrup of Ipecac

Use only if advised to do so by the Poison Center or emergency medical personnel.

