

WORKING AT HEIGHTS:



GREAT PLAINS
Center for Agricultural Health

PREVENTING SLIPS, TRIPS & FALLS

Reduce your risk of injuries by identifying hazards and following prevention tips.

Try doing tasks from the ground or lower heights first.



Inspect platforms & ladders before using.



Always look before stepping up or down.



Always use three-points-of-contact when climbing up or down.



COMMON RISK FACTORS:

- ① Working in/on silos, sheds or barns or climbing machinery
- ② Placing ladders and platforms on uneven surfaces or in cluttered areas
- ③ Using unsuitable equipment (buckets, front-end loaders) to reach high areas
- ④ Overreaching sideways while using a ladder or working at heights